

Exercise Physiology Student Clinic



Appointments are available in our student-led exercise physiology clinic at the WA Centre for Rural Health (WACRH) in Geraldton.

People attending the clinic are seen by Exercise Physiology students supervised by an Accredited Exercise Physiologist.

We can offer services for a range of conditions including but not limited to:

- Arthritis • Osteoporosis • Osteopenia • Cancer
- Cardiovascular Conditions (e.g. high blood pressure)
- Diabetes • Mental Health conditions (e.g. depression)

All students provide assessments and an exercise program designed to increase function, increase strength and improve health.

Clients will also receive a home program to enable them to maintain their progress.

What is an Accredited Exercise Physiologist (AEP)?

AEPs are university qualified allied health professionals equipped with the knowledge, skills and competencies to design, deliver and evaluate safe and effective exercise interventions for people with acute, sub-acute or chronic medical conditions, injuries or disabilities.

Who can attend:

No doctor's referral is required and anyone is eligible to attend. A doctor's clearance may be required on screening. It is particularly suited to those who have difficulty accessing other exercise physiology services. There is no cost.

All staff and students at WACRH clinics are fully vaccinated.

Please bring your own mask to all appointments.

For an appointment, call:
WA Centre for Rural Health
Telephone 9956 0200
167 Fitzgerald Street, Geraldton
www.wacrh.uwa.edu.au



Western Australian Centre for Rural Health